



# The American & Canadian Association of Peru

An Association of Canadian  
And U.S. Citizens Residing in Peru

NUMBER 7, AUGUST 2003

Lima - Perú

## INDEPENDENCE/CANADA DAY CELEBRATION BIG SUCCESS!

The annual ACAP picnic honoring Canada Day and the US July 4<sup>th</sup> anniversary was an overwhelming success with attendance more than 2,500, a record for this event. Weather contributed with a mild day and the entertainment program was very well received.

Acting US Ambassador John Caulfield and Canadian Ambassador Hugues Rousseau expounded on their respective holidays and welcomed all to the party. President John Lakatos and Event Chairman Gord Sanford greeted the guests and wished all a great time.

The main event was Gian Marco who is now an international star and his performance was wildly acclaimed by the audience of all ages. He was recently nominated for the US Grammy award and he proved the value of this with his show. Also well received were the groups of Afrodisiac and Revolver as well as the

Estampas Peruanas folklore group. Kids also had a treat on their own, kids' stage where Timbo the Clown, Ronald McDonald, and the Coca Cola show held forth.



PICNIC PHOTOS: Mark & Lois Ann Atkinson overseeing ACAP booth

Many of those attending commented most favorably on the variety and quality of food and drink offered as well as the excellence of the presentations of commercial sponsors. A favorite for all was the Tombola which doled out some extraordinary prizes. The Silent Auction offered great bargains on many airline tickets and other valuable prizes.

And to top it off, a fireworks display which drew "Ooohs!!" and "Ahhs" from the audience as the colorful rockets dotted the sky. A wonderful way to



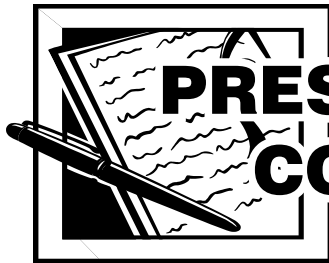
Gian Marco put on a great show



Losses of games for the younger crowd

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# PRESIDENT'S CORNER

After a very sunny (for Lima at least) month of June, the first Saturday in July reverted back to much more normal winter weather for this time of year, but that did not deter the more than 2,500 attendees from participating in our, what turned out to be, very successful 2003 ACAP Annual Picnic. Although the day started out damp and dreary (so much so that the Picnic Chairman, Gord Sanford was heard to say, "in my 9 years in Lima, I have never seen real rain like this", things dried up and the temperature throughout the day was so pleasant that the Security Force at the US Embassy had to invite participants (who were still sitting, talking, eating, and drinking long after the event ended with a fireworks display at dusk) to leave the premises.

I would like to congratulate everyone who came out to enjoy the day with us in support of your Association. Members of your Board of Directors and other volunteers, who are too numerous to mention here, worked so very hard to make the afternoon the success it was. Bell South and Backus, amongst others, provided economic support, and the team at the US Embassy truly contributed their part. I would especially like to thank US Ambassador John Dawson for all the encouragement he gave through his staff to the Annual Picnic. Even though the Ambassador was not able to be present, Deputy Chief of Mission, John Caulfield, and Consul General, David Buentello, both provided their support leading up to and during the event. Our ACAP Honorary President, Canadian Ambassador Hugues Rousseau, played a significant role as well.

I could go on here mentioning and thanking all the companies and all the Board Members and all the ACAP and non-ACAP volunteers who helped in one way or another with the event, but I will leave that to others who are writing for this issue. There are, however, two people who do deserve mention here: ACAP Picnic Chairman (and Past President) Gord Sanford and ACAP Office Manager (and Future President interested, Linda?) Linda Hewitt. Gord and Linda gave so much of themselves before, during, and even after the event, and yet always kept smiles on their faces despite any of the difficulties we were facing. Thank you, Gord. Thank you, Linda. Job WELL DONE!!




Now that the end of summer in the Northern Hemisphere is approaching, and US and Canadian kids around the world head back to school, here in

Lima we begin to see an influx of new families who, because of the school year transition for their kids, transfer to Peru at this time of year. In order to reach these new arrivals we will be organizing a Pachamanca on Saturday, August 16<sup>th</sup>, which is open to all veteran, new, and potential members of our Association. Look for info elsewhere in the issue regarding the event. Over the next several months your Association will also be making every conscious effort to increase our membership with a series of strategies that are presently being discussed and will eventually be implemented, including presentations about ACAP at English-speaking embassies, schools, chambers of commerce, international companies, NGOs, men's and women's clubs, etc.

If anyone has the means to travel to Germany in October, you may want to schedule your trip so that you could represent ACAP at FICOPACWORLD (First Conference of Presidents of American Clubs Worldwide). This conference is being organized by Jurgen Abel, President of the American Club of Hamburg for October 10, 11, 12.

Please contact me via e-mail at [jlakatos@amersol.edu.pe](mailto:jlakatos@amersol.edu.pe) if you might be interested in representing us. Presidents and members of clubs similar to the American and Canadian Association of Peru around the world will be in attendance.

**John Lakatos**  
President

|   |   |
|---|---|
|  <p><b>THE AMERICAN &amp; CANADIAN ASSOCIATION OF PERU</b></p> <p><b>NEWSLETTER</b></p> <p><b>Editor: Martin B. Singer</b></p> <p><b>Your contributions to the Newsletter are welcome!</b></p> <p><b>Contact the editor or the ACAP office for more information.</b></p> <p><b>The deadline for articles, advertisements, announcements, or photographs is the 15th of each month.</b></p> <p><b>The ACAP reserves the right to edit, publish, or refuse any article or photograph submitted. All contributions become the property of the Association.</b></p> |  <p><b>THE AMERICAN &amp; CANADIAN ASSOCIATION OF PERU</b></p> <p><b>Ave. Angamos Oeste 1155</b><br/><b>Miraflores, Lima 18</b></p> <p><b>Telephone: 222 6359</b><br/><b>Fax: 441 4545</b><br/><b>E-mail: <a href="mailto:acap@infonegocio.net.pe">acap@infonegocio.net.pe</a></b><br/><b><a href="http://acap.amersol.edu.pe">http://acap.amersol.edu.pe</a></b></p> <p><b>Office Hours:</b><br/><b>Monday, Wednesday and Friday, from 8:30 a.m. to 1:30 p.m.</b><br/><b>Tuesday and Thursday, from 12:00 a.m. to 5:00 p.m.</b></p> <p><b>Membership Eligibility:</b><br/><b>Must be citizens of Canada or the United States of America or from an English-speaking country. The Association's objectives are to:</b></p> <ol style="list-style-type: none"> <li><b>1) Stimulate and foster among its members the ideals, spirits, and acts which constitute its common heritage;</b></li> <li><b>2) Promote and develop friendly relations between the people of Peru, the United States, and Canada.</b></li> </ol> <p><b>Printed by:  stansa</b><br/><small>UNA EMPRESA AL SERVICIO DE TODAS LAS EMPRESAS</small></p> |
|---|---|

# COMMUNITY CORNER AUGUST 2003

## AWLC (American Women's Literary Club)

The club's general meeting and tea will be held in the Chase hall, the Union Church, on Monday, August 4<sup>th</sup> at 3 p.m.

For information regarding membership, call Katherine Merello at 447-5217 or Mary Schultz at 435-8346

## LIMA WOMEN'S CHORALE

The Lima Women's Chorale invites all women who enjoy singing in English to join them in preparation for their Christmas Concert December 7, 2003. Rehearsals start Tuesday, August 5, 2003 and are held every Tuesday in the Chase Hall of the Union Church, 9:30 am to 12:00. The Union Church is located on Avenida Angamos Oeste 1155, Miraflores.

## CONTACT

The monthly meeting of the Contact group, open to all nationalities, will be held on Wednesday, August 13<sup>th</sup>, 10 am in San Isidro. For more information, please call Stephanie Peters at 479 0291 or Lori Monteith at 344-2749. There is a nominal fee at the door (s/.10.) for the morning's refreshments.

## CWC (Canadian Women's Club)

This month's general meeting will be held at 10 am on Thursday, August 21<sup>st</sup> in San Isidro. Call Carole Sanford for more information 221-0855 or the ACAP office, 222-6359. This club is open to all Canadian, Australian or New Zealanders as members; other nationalities, as guests.

**PACHAMANCA** Club Sauce Alto, Cieneguilla, Saturday, August 16<sup>th</sup>

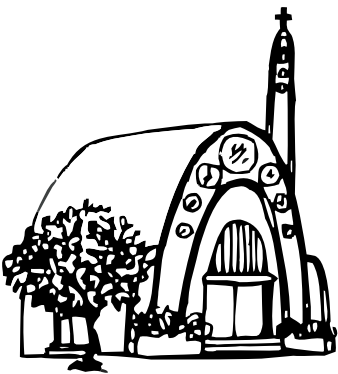


PICNIC PHOTOS:  
President John Lakatos welcoming guests



Rebekah Atkinson in charge of coke sales with Sharon Sanchez helping

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\$\$\$\$\$\$\$

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welcome your fellowship and participation.

# SAE ARTICLE

Does the damp grey of Lima get you down these days? Wishing you could just get away? This month the South American Explorers takes you to the jungle of Bolivia as we recount the experience of Margaree, the assistant manager of the club, who worked in the animal refuge of Inti Wara Yassi for a few weeks.

Aside from being an animal refuge, Inti Wara Yassi is a distinguished volunteer locale. The refuge is located five minutes outside of Villa Tunari, next to Parque Ecoturistico Machia in the department of Cochabamba. The claim to fame of the Refuge is that it is one of the only ways to get up close and personal with animals like monkeys, pumas and macaws without being specially trained. All of the 200+ animals living in the refuge were at one time illegally poached and kept in private homes, hotels and circuses and have since been confiscated or donated to the organization.

So what does it take to be a volunteer here? A love or strong affection for animals is the obvious requirement. The higher tolerance one has for dirt, mosquitoes and animal droppings, the better. A 15-day commitment is required to volunteer, as working with animals requires a bit of consistency. For those two weeks, volunteers must pay US \$70 (which works out to \$4.60 per day), which gets them lodging at one of two Casas de Voluntarios owned by the Refuge and access to a communal kitchen. If volunteers decide to stay longer, the price is reduced to \$2.50 per day. Volunteers are responsible for their own food, but this is not difficult due to the fact that food is inexpensive and there are more restaurants than there are tourists in Villa Tunari. Volunteers can choose to work with one of the many types of monkeys (Spider, Capuchin, Titi, Tamarin and Squirrel), birds (Macaws, Toucans, hawks and an assortment of parrots), or cats (pumas, ocelots, geoffry cats). There are also tejones (cousins of the raccoon) and an assortment of turtles.

A normal day at Inti Wara Yassi begins at 7:30 am and ends at around 6:30 pm. Although the volunteers were friendly and social, this was no party. The work can be exhausting, frustrating, exasperating and dirtier than you ever thought work could be. It is an understatement to say that the work is physical; the first few days found me sore, blistered, tired and very, very grimy. The type of work the volunteers do varies according to which animal you work with, but there are always jobs that need to be done outside of taking care of the animal. Construction and handy-work are always needed. Cages need to be built and repaired, trails need to be maintained and marked, among many other things. Chores (cleaning the monkey bedding, cleaning the Casa de voluntarios, etc) are divided amongst volunteers every day and can take anywhere from 20 minutes to two hours.

My time at Inti Wara Yassi was both satisfying and tiring. Was it worth the Wellington boot blisters, the mosquito bites, the fatigue? Of course it was. Was it perfect? Of course not. I came back to Lima with a new appreciation for volunteer work and a few blisters and fond memories to boot. If any of you out there are looking for something out of the way to do in your quest to flee the Lima fog, visit Inti Wara Yassi's website at [www.intiwarayassi.org](http://www.intiwarayassi.org) or email them at [ciwy21@yahoo.com](mailto:ciwy21@yahoo.com). The South American Explorers also has a great deal of information on the refuge if you are heading that way. Where ever you end up going this month, have a great time and be safe!

## ACAP MEMBER HAS FOR SALE

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## English Language Mass in Camacho

There will be a new, weekly  
Roman Catholic Mass in English,  
beginning on Saturday, August 9th,  
at 4:45 pm, at the Nuestra Señora  
de la Reconciliacion Church  
at Los Pinos 291 in Camacho.

Contact Margaret Boyle 437-6323 or  
Beatrice Pedraza 436-5863  
for more info.

# COLEGIO ROOSEVELT NEWS NOTES

**Congratulations to our seniors!**

## **COPA FOX KIDS IN HOLLAND**

Roosevelt's Boys and Girls 90/91 soccer teams won over 20 Lima schools to represent Peru at the Fox Kids World Soccer Competitions in Rotterdam. Roosevelt Girls won over Bulgaria 1-0, tied with Romania 0-0 and UK 0-0, and lost to Israel 4-0. Roosevelt Boys won the first three games, Bulgaria 1-0, Romania 2-0, and UK 1-0; lost to Israel 4-0, qualified for the quarterfinals where Brazil won over Peru 2-0. Brazil went on to win the Copa Fox Kids 2003.

## **OPERATION SMILE**

In May you probably noticed Colgate/Operation Smile collecting cans in E. Wong's, Metro, kiosks, etc. The collection totaled S/.19,000!

The same month, Colgate donated to Operation Smile Peru a percentage of the sale of each toothpaste box with the Operation Smile logo. Sales in May increased 69%! The campaign has been extended through June with continuing percentages of sales donated to Operation Smile.

Thanks to Roosevelt teacher Alison Smyth and Roosevelt students for volunteering for Operation Smile.

**SOCCER:** Boys Varsity defeated Pestalozzi 5-0, concluding the 4 team round robin ADCA final to share the tournament title with Markham.

**BASKETBALL:** Boys Passarella win ADCA Championship. Top scorer for the tournament is Roosevelt's 8<sup>th</sup> grader Rodrigo Diaz. Roosevelt ties with Humboldt for "Fair Play" award.

## **WORLD SCHOOL DEBATING CHAMPIONSHIPS**

We're looking forward to a great event coming to Lima August 6-15 when Roosevelt sponsors the **World Schools Debating Championships**. The prestigious competition is being held in Latin America for the first time in history.

On **August 8th, the preliminary WSDC debates will be held at Roosevelt**. Participating are twenty-six countries, two hundred forty participants, and the Peruvian team with four Roosevelt High School students among its members! Twenty-six debates will be held throughout the day and are open to the public; please contact Roosevelt receptionist Roxana Salmon 435.0890 or Anne Arrarte 435.0890 x 4012, aarrarte@amersol.edu.pe for details.

The Roosevelt school year 2003-04 begins Monday August 4! Please contact Nora Marquez for enrollment details: nmarquez@amersol.edu.pe

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| <b>50 mm 10 power</b>                                 |                |               |
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| <b>10 x 50</b>  | <b>\$250</b>   | <b>\$80</b>   |
| <b>SPYGLASS(foldable)</b>                             | <b>\$100</b>   | <b>\$45</b>   |
| <b>POCKET MICROSCOPE: 30 x</b>                        | <b>\$50</b>    | <b>\$22</b>   |
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| <b>THERMOMETER-CLOCK:</b>                             | <b>\$60</b>    | <b>\$20</b>   |
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# HATS OFF TO OUR WONDERFUL SPONSORS!

No event can be successful without the support of dedicated sponsors. Here is a listing of those who cooperated to make our annual picnic a great success. American and Canadian Association of Peru, thanks to all of you.

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## HATS OFF TO OUR WONDERFUL SPONSORS!

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INT'L CHRISTIAN SCHOOL  
EL SOL LANGUAGE SCHOOL  
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DUNKIN DONUTS  
NAMASKAR  
SENTORI SUSHI  
BRAEDT  
DON MAMINO  
DONDE VAMOS  
PUNTA SAL  
MATSUEI  
EL CARTUJO  
DIVINA COMMEDIA  
LAS PALLAS  
IL POSTINO  
LA CARRETA

PICNIC PHOTOS:  
Ed Kurtz and his "refreshments" crew



Dale Ferguson, Marilee Ferfon & Carole Sanford  
at the Silent Auction

# NEW MEMBERS AUGUST 2003

The Association is proud to include the following as members.

**Trevor & Jackie McKinlay** are New Zealanders. Trevor is the Warden (read Head Master) of Markham College. He is a golf enthusiast, handily winning the golf tournament organized by the Association this year, and a supporter of the Old Markhamian Rugby team.

**Diana, a US citizen, & Fernando Yovera**, have two children in Newton College. Fernando, a journalist, is the Press Chief for the Congress of Peru and an advisor to the head of congress. They have returned to Peru after living in Miami for 10 years.

**Craig & Kristine Daly** are from Australia, also have two children. The eldest daughter Laura, attends Markham College, where her father is the deputy Head Master. Laura is four years old, so is still in the infant section while her father is at the "big" school. They plan to remain in Lima for 3 years.

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## OUTSTANDING DUES AS OF JULY 31<sup>ST</sup> 2003

Look how short the list is! If your name appears, please help us reduce the list to zero by calling Linda now or depositing the amount due in our account.

AUGUST 2002  
**BURNS, KIMBERLIE**

SEPTEMBER 2002  
**HECKER, KEN & MARY KATE  
LEO, FRANK & KATIA  
VOLKERT, DAVID & CINDY**

NOVEMBER 2002  
**WHITE, VICTOR & LYNNE**

DECEMBER 2002  
**GIRARD, MIMI  
LUCKETT, RICKEY  
ROY, SANDRA & LEO**

FEBRUARY 2003  
**BARRETO, GUILLERMO & MA.  
ELENA  
SACIO, ALBERTO & PILAR  
SMITH, SHERRY & PETER  
BAMBRICK**

MARCH 2003  
**FLORES, CARLOS & JOSEFINA  
NIERI, ANITA  
O'CARROLL, FRANCIS X.  
ZANDSTRA. HUBERT & ILSE**

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GOODYEAR

# **ACAP´S AUGUST CULTURAL EVENT**

## **The Epitome of the Andean Banquet**

# **PACHAMANCA**

**Come and join us on Saturday, August 16<sup>th</sup> at 1:00PM, when The American and Canadian Association is organizing a Pachamanca, the epitome of the Andean banquet par excellence, at the El Sauce Alto Resort in sunny Cieneguilla. This is a wonderful opportunity to experience the complete Pachamanca tradition and ceremony in a country-like atmosphere at the foothills of the majestic Andes on the resort's picturesque grounds. The cost is US \$19 per adult and US \$9 per child and you can bring your favorite bottle of wine!!!**

What is a Pachamanca? According to Mariano Valderrama, one of Peru's leading gastronomic experts and historian, the Pachamanca is a feast, which is cooked over hot stones while buried completely underground, and features meat (pork, chicken and lamb), vegetables (potatoes, sweet potatoes, beans, maca, yacón and corn) and other extras like humitas (corn mash and cheese pastries). The flavor that the warm earth adds to the ingredients is really something special.

Andean cultures tend to mix their worship of nature with social events. Pacha Mama, or Mother Earth, is a source of fertility and of life, and gives origin to the food that will return to the earth to be cooked in the Pachamanca pit. The Pachamanca is mainly eaten to celebrate the harvest, although it is also a feast reserved for religious and community festivities and social celebrations like marriages and birthdays. Of highland origin, the Pachamanca is now cooked up all over Peru with slight variations on the theme depending on the area.



Although the Spaniards originally brought the meat used today in the Pachamanca to America, the Pachamanca itself dates back to pre-Hispanic times. The definition is the combination of two words: Pacha (earth) and Manca (cooking pot). The Pachamanca's is also a ritual and a way of rendering homage to the earth goddess (Pacha Mama), whereby the participants eat foods produced by the earth, and now, cooked in the earth.

The secret behind the Pachamanca is cooking the food over hot volcanic stones. These stones are usually collected near specific hills, as any normal stone would explode when subjected to such a degree of heat. The first task is to dig a hole and heat the stones, which are stacked like a pyramid and heated by a wood fire for several hours until they are ready to be used.

The preparation of the Pachamanca takes hours and demands the participation of several members of the community, including men and women. The men set about digging the hole in the ground, heating the stones and covering and uncovering the food with earth. The women, meanwhile, prepare the humitas, gather marmakilla (an aromatic herb) and season the meat.

The various products are placed in the pit according to cooking requirements. Potatoes are placed at the bottom of the pit on top of a layer of stones. A second layer of stones is placed on top of the potatoes and then the meat, properly seasoned beforehand. On top comes a layer of herbs (marmakilla, paico, chopped green ají chili pepper leaves) and alfalfa, which is then topped by an additional layer of hot stones. The final layer includes beans, corn and humitas. The Pachamanca is then covered with banana leaves and damp sacks, which are in turn covered with soil. The idea is to hermetically seal the pit to prevent any steam or heat from escaping. The areas where the tradition of preparing the Pachamanca is the strictest are Ayacucho and the Mantaro Valley. The Pachamanca is traditionally presided by sponsors called "Padrinos" (godparents), who pay for, or organize, the party. The Padrinos place a cross of flowers over the sealed Pachamanca, and after a couple of hours of cooking, ceremoniously dig out the first shovel fulls. Once the soil, sacks and banana leaves are removed, the treasure of food is then removed and placed in large in wooden bowls.

The Pachamanca is eaten in a festive atmosphere. A band of musicians usually lighten the proceedings, while chicha and beer boost everyone's spirits. The banquet is accompanied by a great deal of dancing and enjoyment. The women decorate their hats with flowers, the position and color of which are a sign of their marital status.

**Sound good? Then come and join us for the feast, music and dancing. We guarantee it will be an experience of a lifetime. There is ample space and the club is child friendly, so bring your kids. To get to the Sauce Alto Resort, go to Cieneguilla and when you get to the bottom of the hill there, turn left on the main road, which is called Nueva Toledo, drive until km. 25.5 and just before you get to the bridge over the Lurin River, turn into the driveway on your left. This is the Sauce Alto Resort.**

**Please make your reservations early. To make your reservations, please call Linda at 222-6359 or e-mail her at [acap@infonegocio.net.pe](mailto:acap@infonegocio.net.pe) You can even come early (12:00PM) and be witness to the preparation of the whole Pachamanca process!!!**

